

**COME IN OUT OF** THE **COLD** 2023 WINTER **PROGRAM GUIDE Sessions Starting January 2nd** 

YMCA OF BUCYRUS-TIFFIN BUCYRUS BRANCH 419-562-6218





#### **Membership Rates**

Adult

\$30/mo

Household

\$50/mo

Senior Adult (60 plus)

\$25/mo

Senior Couple (60 plus)

\$40/mo

Youth

\$15/mo

#### **Sessions/Registration**

Winter Jan 2 - Feb 18
M 12/5 PP 12/12
Spring I Feb 20 - Apr 8
M 2/6 PP 2/13
Spring II Apr 10 - May 27
M 3/27 PP 4/3
Summer I May 29 - July 15
M 5/15 PP 5/22
Summer II July 17 - Sept 2
M 7/3 PP 7/10
Fall Break Sept 4 - Sept 9
Fall I Sept 11 - Oct 28
M 8/28 PP 9/5

Fall II Oct 30 - Dec 16 M 10/16 PP 10/23

#### **Our Management Team**

**Charles Ardner** 

CEO

cardner@tiffinymca.org

**Paul Fortney** 

VP of Operations pfortney@tiffinymca.org

Stacie Routzahn

VP of Finance sroutzahn@tiffinymca.org

**Brian Riffle** 

Branch Director briffle@bucyrusymca.org

**Sue Lewis** 

Child Care Director slewis@bucyrusymca.org

**Nicole Brooks** 

Membership/Youth Sports Coordinator nbrooks@bucyrusymca.org



FINANCIAL AID AVAILABLE

**PRICES INCLUDE TAX** 

NO CONTRACTS HOLD OR CANCEL ANYTIME

**CORPORATE RATES** 

#### **Facility Hours**

Monday - Friday 6am - 8pm

> Saturday 7am - 3pm

#### Mission & Policy Guide



YMCA OF BUCYRUS TIFFIN BUCYRUS BRANCH 419-562-6218



#### Y KIDS Grade K - 12yrs

Before & After School Care Summer Child Care Days Off School Care

YMCA
CHILDCARE
Ages 3 - Pre K

**PLAY - LAUGH - LEARN** 

For more information Director Sue Lewis <u>slewis@bucyrusymca.org</u> 419.562.6218



#### **Personal Training & Private Lessons**

We all need the advice of an expert sometimes, as well as the personal attention that comes with a trainer or coach. The Y offers personal and small group training to help you set and meet your specific goals.





- All training sessions must be registered at the front desk.
- All payments are to be made at front desk.
- Schedules will be set with instructors.
- Large group gymnastics lessons available for groups of 5 or more. Ask about our pricing.
- Participants must check in at front desk prior to each lesson.

Register Online

the



50% Off 30min Sessions

YMCA OF BUCYRUS TIFFIN BUCYRUS BRANCH 419-562-6218



24 HR



# 24 HOUR ACCESS YOUR HEALTH ON YOUR TIME

\$25 Startup Fee

**Annual Fees Starting June 2023:** 

Household \$50 Couple \$40

Adult \$20

YMCA of Bucyrus-Tiffin Bucyrus Branch 419.562.6218



## Chair Ballet

Next Session Jan 2nd Thursdays 345 - 430p

For music and dance lovers. Structured like a regular ballet class, you will learn the exercises and perform it to music. Great for posture, increase of movement, muscle awareness, all tied into musicality and artistry.

#### **Instructor Bio:**

Erin has studied dance with ballet schools such as Cincinnati Ballet, Philadelphia Ballet, Colorado Ballet, and most recently worked with Fort Wayne Ballet. Erin is excited to be back and offering more classes in the community.

Members \$0 Non Members \$40 / 7wk session

YMCA of Bucyrus-Tiffin Bucyrus Branch 419.562.6218





**PILATES** 

Register Today Tues or Thur 5:45-6:35p

Members May signup for both days.

Pilates is a great core workout for anyone looking to improve strength, posture, and flexibility. At the end of your workout, you will feel taller and energized, not exhausted.

Members \$0 Non Members \$40

**Instructor Bio:** 

Erin is Power Pilates certified in both Basic and Intermediate Mat. She is also a trained ballet dancer. Born and raised in Galion, she is excited to be back and offering more classes in the community.

YMCA of Bucyrus-Tiffin Bucyrus Branch 419.562.6218



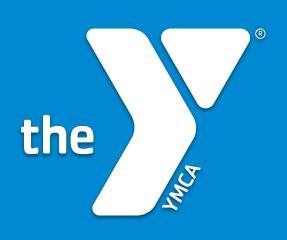
#### FITNESS / KARATE / DANCE



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:45 - 9:30 am Water Fitness M \$0 PP \$40	10 - 10:45 am Have A Seat M \$0 PP \$65	8:45 - 9:30 am Water Fitness M \$0 PP \$40	10 - 10:45 am Have A Seat M \$0 PP \$65	8:45 - 9: <mark>30 am</mark> Water Fit <b>ness</b> M \$0 PP \$40	
9:45 - 10:30 am Water Arthritis M \$0 PP \$40	11 - 11:45 am Gentle Lift M \$0 PP \$65	9:45 - 10:30 am Water Arthritis M \$0 PP \$40	11 - 11:45 am Gentle Lift M \$0 PP \$65	9:45 - 10:30 am Water Arthritis M \$0 PP \$40	
10 - 10:45 am Silver Sneakers M \$0 PP \$65	11:30 - 1:00 pm Line Dancing M \$0 PP \$40	10 - 10:45 am Silver Sneakers M \$0 PP \$65	3:45 - 4:30 pm Chair Ballet M \$0 PP \$40		
4:30 - 5:45 pm Strong Grade 5+ M \$0 PP \$65	4:45 - 5:35 pm Youth Dance Ages 6-9 M \$48 PP \$96	4:30 - 5:45 pm Strong Grade 5+ M \$0 PP \$65	4:45 - 5:35 pm Youth Dance Ages 6-9 M \$48 PP \$96		
6:30 - 7:20 pm Indoor Cycling M \$0 PP \$40	5:45 - 6:35 pm Pilates M \$0 PP \$40	6:30 - 7:20 pm Indoor Cycling M \$0 PP \$40	5:45 - 6:35 pm Pilates M \$0 PP \$40		
	5:30 - 6:15 pm Karate - Novice M \$40 PP \$60		5:30 - 6:15 pm Karate - Novice M \$40 PP \$60		Register Online
	6:20 - 7:30 pm Karate - adv M \$40 PP \$60		6:20 - 7:30 pm Karate - adv M \$40 PP \$60		
VMCA OF BUCYPI	IIC TTEETN			Subject to change	Prices are for

YMCA OF BUCYRUS TIFFIN BUCYRUS BRANCH 419-562-6218 Subject to change based on instructor availability.

Prices are for a 7 week session not per class.



**GYMNASTICS** 

**Next Session Begins** 

Jan 2

**Monday** 

Gym I 440-520p M \$28 PP \$56

Tuesday

Gym III 415-5p M \$28 PP \$56

Wednesday

Tiny Tumblers 5-530p M \$24 PP \$52 Gym I 535-620p M \$28 PP \$56

**Thursdays** 

Pre K Open Play 3-345p M \$0 PP \$30

**Team** 

Monday 530-730p Tuesday 5-730p Thursday 5-730p

YMCA of Bucyrus-Tiffin Bucyrus Branch 419.562.6218

Small Group And Private Lessons Available. Subject to change based on instructor availability.

Prices are for a 7 week session not per class.

#### Register Online



Register Online



Erin has studied dance with ballet schools such as Cincinnati Ballet, Philadelphia Ballet, Colorado Ballet, and most recently worked with Fort Wayne Ballet. Erin is excited to be back and offering more classes in the community.

YMCA of Bucyrus-Tiffin Bucyrus Branch 419.562.6218



#### **GYM/SPORT**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 - 7:30 pm Pickleball Court 1-2 M \$0 PP \$20	8:45 - 11:45 am Pickleball Court 1-2 M \$0 PP \$20	8:45 - 11:45 am Pickleball Court 1-2 M \$0 PP \$20	5:30-7:30p Youth Basketball Practice Court 1-2 (Ends Dec 15)	8:45 - 11:45 am Pickleball Court 1-2 M \$0 PP \$20	9:30a-12:00p Youth Basketball Games Court 1-2 (Ends Dec 17)
	6:00-7:30p Youth Basketball Practice Court 1-2	6:00-8:00p Youth Basketball Practice Court 1	5:30 - 7:30 pm Pickleball Court 1-2 M \$0 PP \$20		

Pickleball rate includes unlimited play per month.

All other times gym is available for open play or walking.

Schedules Subject to Change Youth Prices are for a 7 week session not per class.

#### Register Online



YMCA OF BUCYRUS TIFFIN BUCYRUS BRANCH 419-562-6218



# GYMNASTICS INDOOR PLAY FOR TODDLERS

Next Session Jan 2
Thursdays 3-345p

An open indoor play area set up in our gymnastics center for parents to allow their children to explore their physical abilities and expend energy.

This is not an instructor led class. It's open play that is self lead and parent directed. A Y staff member will be present to answer questions and supervise best use of equipment.

Members \$0 Non Members \$30 / 7wk session

YMCA of Bucyrus-Tiffin Bucyrus Branch 419.562.6218





### **Pickleball**

A great game for all ages and ability levels! Fun for the entire family!

#### **Play Starts Nov 1st 2022**

- Open Play For Experienced Players
  - Monday Nights
  - o 530p 730p
  - 3 indoor courts available for play.
- Open Play All Abilities
  - Tue Wed Fri Mornings
  - o 845am 1145am
  - 3 indoor courts available for play.
- Open Play For Beginners
  - Thursday Nights
  - o 530p 730p
  - 3 indoor court available for play.
- Members \$0
- Non Members \$20/month.
- Court rentals available. Please Call.

YMCA of Bucyrus-Tiffin Bucyrus Branch 419.562.6218

Register Online





#### **SWIM WITH SANTA**

With special guest The Grinch



Come swim with the man in red at Bucyrus YMCA!

December 22 (5:00-7:00pm)

M: \$5 per person Reciprocity: \$7 per person Nonmembers: \$10 per person

\*Price includes watch party afterwards REGISTRATION REQUIRED BY DECEMBER 19!



**Watch Party** 

"How the Grinch Stole Christmas"

7-9pm

**Popcorn Included!** 

**REGISTRATION REQUIRED BY DECEMBER 19!** 





#### DECEMBER 1-22 POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ADULT LAP SWIM	ADULT LAP SWIM	ADULT LAP SWIM	ADULT LAP SWIM	ADULT LAP SWIM	
6:15am-7:45am	6:15am-7:45am	6:15am-7:45am	6:15am-7:45am	6:15am-7:45am	
OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	LAP SWIM
8:00am-8:45am	8:00am-9:30am	8:00am-8:45am	8:00am-9:30am	8:00am-8:45am	7:15am-8:45am
LAP SWIM (2 LANES)	OPEN SWIM	LAP SWIM (2 LANES)	OPEN SWIM	LAP SWIM (2 LANES)	OPEN SWIM
8:45am-9:30am	9:45am-11:15am	8:45am-9:30am	9:45am-10:30am	8:45am-9:30am	9:00am-10:30am
H2O FITNESS	OPEN SWIM	H2O FITNESS	PRESCHOOL SWIM	H2O FITNESS	OPEN SWIM
8:45am-9:30am	11:30am-1:00pm	8:45am-9:30am	10:30am-11:15am	8:45am-9:30am	10:45am-12:15pm
ARTHRITIS FIT	OPEN SWIM	ARTHRITIS FIT	OPEN SWIM	ARTHRITIS FIT	OPEN SWIM
9:45am-10:30am	1:15pm-2:45pm	9:45am-10:30am	11:30am-1:00pm	9:45am-10:30am	12:30pm-1:15am
LAP SWIM (2 LANES)	Upper Swim Team	LAP SWIM (2 LANES)	OPEN SWIM	LAP SWIM (2 LANES)	OPEN SWIM
9:45am-10:30am	3:00pm-5:00pm	9:45am-10:30am	1:15pm-2:45pm	9:45am-10:30am	1:30pm-2:30pm
<b>OPEN SWIM</b> 10:30am-11:15pm	Wynford Swim Team 5:00pm-6:30pm	<b>OPEN SWIM</b> 10:30am-11:15pm	Upper Swim Team 3:00pm-5:00pm	<b>OPEN SWIM</b> 10:30am-11:15pm	
<b>OPEN SWIM</b> 11:30am-1:00pm	<b>OPEN SWIM</b> 6:45pm-7:30pm	<b>OPEN SWIM</b> 11:30am-1:00pm	Wynford Swim Team 5:00pm-6:30pm	<b>OPEN SWIM</b> 11:30am-1:00pm	
OPEN SWIM		OPEN SWIM	OPEN SWIM	OPEN SWIM	
1:15pm-2:45pm		1:15pm-2:45pm	6:45pm-7:30pm	1:15pm-2:45pm	
Upper Swim Team 3:00pm-5:00pm		Upper Swim Team 3:00pm-5:00pm		Upper Swim Team 3:00pm-5:00pm	
<b>CLOSED</b> 5:00pm-7:30pm		Wynford Swim Team 5:00pm-6:30pm		Wynford Swim Team 5:00pm-6:30pm	
		<b>OPEN SWIM</b> 6:45pm-7:30pm		<b>OPEN SWIM</b> 6:45pm-7:30pm	

www.bucyrustiffinymca.org

Phone: 419-562-6218

<u>Building Hours</u>: Monday-Friday 6:00am-8:00pm Saturday 7:00am-3:00pm

#### **Swim Meets**

- December 14 (3:30-7:30p)
- December 20 (3:30-7:30p)
- December 30 (10:00-1:30p)
- December 30 (1:30-5:30p)

**NO OPEN SWIM AT THESE TIMES!** 

#### **CLOSED**

- Christmas Eve & Christmas Day
- New Years Eve & New Years Day



#### SWIM LESSONS January 2-February 18

#### **Registration Dates**

Members: December 5

Non-Members: December 12

MEMBERS: \$15

NON-MEMBERS: \$45

Level A/B (6mos-3yrs)......Mondays 5:30-6:00pm Level 1+ With Adult (3-5yrs)......Mondays 6:00-6:30pm

Level 1-Water Acclimation (3-5yrs).....Mondays 5:30-6:00pm Level 1-Water Acclimation (5-12yrs).....Mondays 6:00-6:30pm Level 1-Water Acclimation (3-5yrs).....Mondays 6:30-7:00pm

Level 2-Water Movement (5-12yrs)......Mondays 6:30-7:00pm Level 2-Water Movement (3-5yrs)......Mondays 7:00-7:30pm Level 2-Water Movement (5-12yrs)......Mondays 7:00-7:30pm

Level 3-Water Stamina (DEEP END).....Mondays 6:00-6:30pm

Level 4-Stroke Introduction (PRESWIM TEAM)......Mondays 6:30-7:00pm Level 5/6-Stroke Development/Mechanics.....Mondays 7:00-7:30pm