

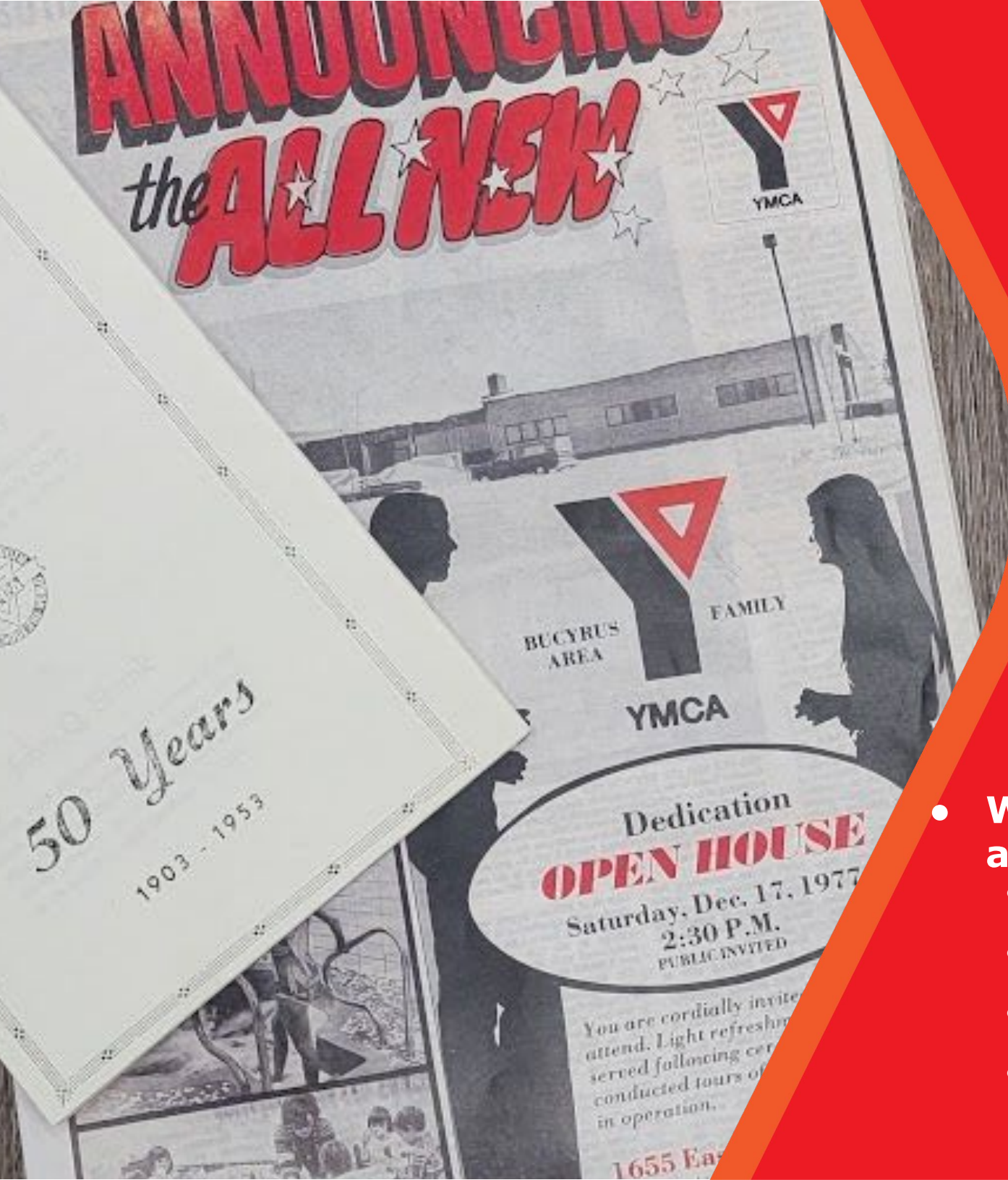


We Turn 120 This Summer! 1903-2023

To Celebrate:

- **Win a limited run anniversary T shirt by:**
 - **By logging 120000 steps this summer**
 - **Come visit us at least 60 times**
 - **Or 20 laps each week in the pool.**
 - **Ask for all the details.**

YMCA of Bucyrus-Tiffin Bucyrus Branch
419.562.6218





**Our
Childcare
is
Great**

**2023
SUMMER
PROGRAM GUIDE
Session Starting
May 29th**

**YMCA OF BUCYRUS-TIFFIN
BUCYRUS BRANCH
419-562-6218**



Y KIDS

Grade K - 12yrs

Before & After School Care
Summer Child Care
Days Off School Care

YMCA CHILDCARE

Ages 3 - Pre K

PLAY - LAUGH - LEARN

For more information
Director Sue Lewis
slewis@bucyrusymca.org
419.562.6218





Membership Rates

Adult \$30/mo

Household \$50/mo

Senior Adult (60 plus) \$25/mo

Senior Couple (60 plus) \$40/mo

Youth \$15/mo

**FINANCIAL AID AVAILABLE - PRICES INCLUDE TAX
NO CONTRACTS - HOLD OR CANCEL ANYTIME
CORPORATE RATES AVAILABLE**

**Mission &
Policy Guide**



Facility Hours

Monday - Friday 6am - 8pm

Saturday 7am - 3pm

24 Hour Access Available

Membership Rates

Adult \$30/mo

Household \$50/mo

Senior Adult (60 plus) \$25/mo

Senior Couple (60 plus) \$40/mo

Youth \$15/mo

**FINANCIAL AID AVAILABLE - PRICES INCLUDE TAX
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Facility Hours

Monday - Friday 6am - 8pm - Saturday 7am - 3pm

Sessions / Registration

Winter Jan 2 - Feb 18	M 12/5 PP 12/12
Spring I Feb 20 - Apr 8	M 2/6 PP 2/13
Spring II Apr 10 - May 27	M 3/27 PP 4/3
Summer I May 29 - July 15	M 5/15 PP 5/22
Summer II July 17 - Sept 2	M 7/3 PP 7/10
Fall Break Sept 4 - Sept 9	
Fall I Sept 11 - Oct 28	M 8/28 PP 9/5
Fall II Oct 30 - Dec 16	M 10/16 PP 10/23

Our Management Team

Charles Ardner CEO cardner@tiffinymca.org

Paul Fortney VP of Operations pfortney@tiffinymca.org

Stacie Routzahn VP of Finance sroutzahn@tiffinymca.org

Brian Riffle Branch Director briffle@bucyrusymca.org

Sue Lewis Child Care Director slewis@bucyrusymca.org

Kristie Drown Aquatics Director kdrown@tiffinymca.org

Nicole Brooks Membership/Youth Sports Coordinator nbrooks@bucyrusymca.org

**YMCA OF BUCYRUS TIFFIN BUCYRUS BRANCH
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**Mission &
Policy Guide**





the



SUMMER

Gymnastics-Dance-Cheer Mini Sessions



June 5-7 Deadline to register 5/31
July 17-19 Deadline to register 7/12
August 7-9 Deadline to register 7/29

Each mini session will provide gymnastics dance and cheerleading instruction including skills such as rolls, cartwheels, round offs, handsprings, basic cheers jumps and ballet.

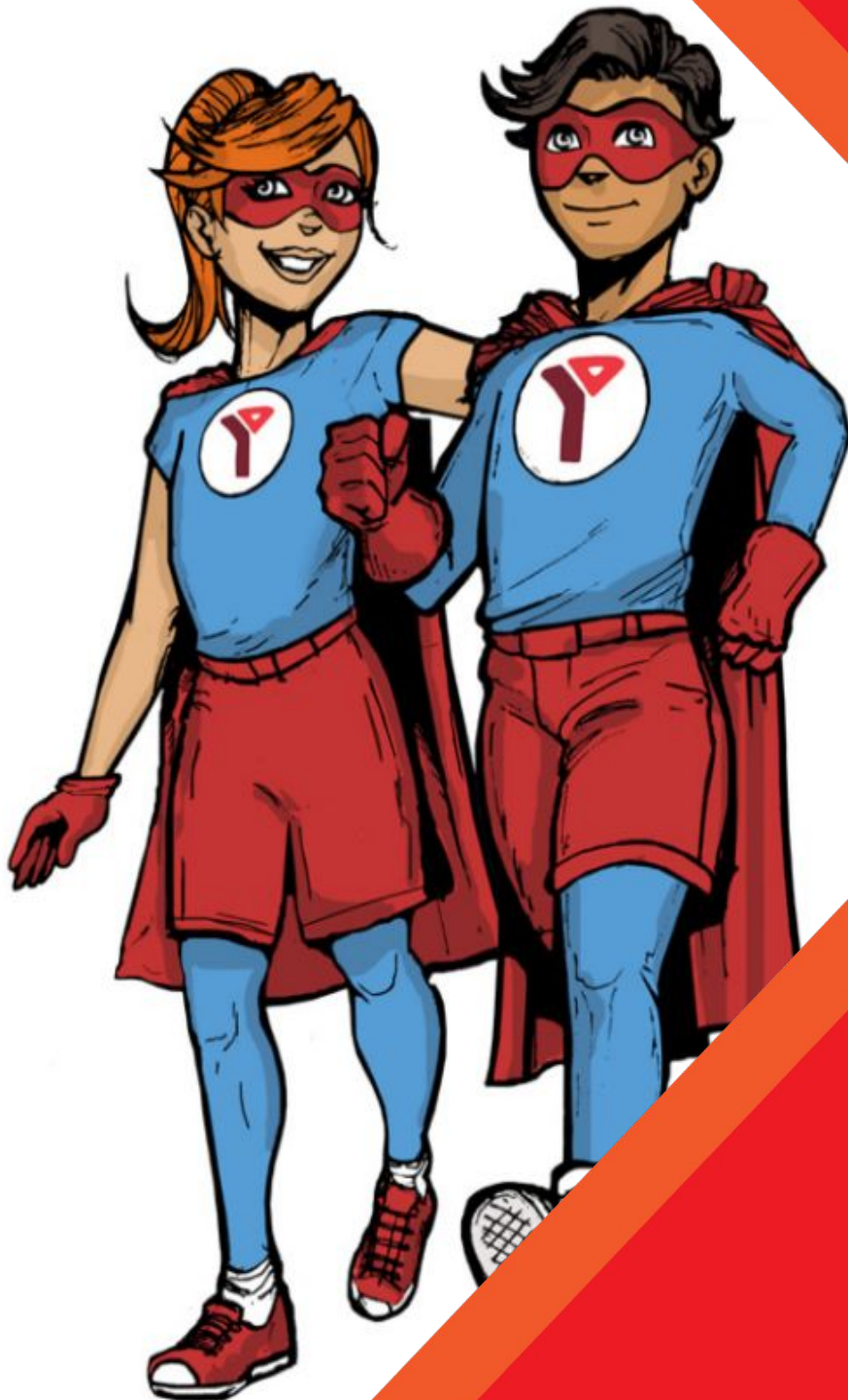
Mon - Wed

Tiny Tumblers (18mo-2yrs)	5pm-530p	M \$25 PP \$55
Gym 1 (3yrs-preK)	530p-645p	M \$30 PP \$70
Gym 2 (K-2nd)	530p-645p	M \$30 PP \$70
Gym 3 (3rd-4th)	630p-745p	M \$30 PP \$70
Gym 4 (5th+) & Preteam lv1	630p-745p	M \$30 PP \$70

Register Online

- Parent participation required for 18mo-3 year olds.
- Each family gets a free pool pass to be used before or after each class. Under 12 must be with parent.
- Pricing is per session.

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SUPERHERO BASH

Friday June 9th
6:00 - 8:00pm

**Calling All Superhero Mom's
& Their Son's**

- **Ages 5 and up**
- **Nerf Battles**
- **Games**
- **Pizza, Snacks & Drinks**
- **Members \$25/couple**
- **Non Members \$30/couple**
- **\$5 for additional children.**
- **Deadline to register June 2nd**

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This Fathers Day Weekend CREATE LIFETIME MEMORIES



TIES & TIARAS

Daddy & Daughter Dance

Pre-Registration

By June 10

REQUIRED

JUNE 17
6:00-8:00pm

INCLUDES:
Pizza &
Refreshments

Member: \$25/couple
Nonmember: \$30/couple
Additional Children: \$5



Ballet

Small Group & Private Lessons

- Available in packages of 4 lessons
- 30 or 60 min lessons
- Small Group (3-6 students) M \$65 PP \$84
- Semi Private (2 students) M \$70 PP \$89
- Private (1 student) M \$110 PP \$138
- Rates are per person
- Times and Days are scheduled with instructor
- 30 min lessons are half price
- Free 30 min Trial Lesson

Instructor Bio:

Erin has studied dance with ballet schools such as Cincinnati Ballet, Philadelphia Ballet, Colorado Ballet, and most recently worked with Fort Wayne Ballet. Erin is excited to be back and offering more classes in the community.

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Gymnastics Tumble Cheer

Small Group & Private Lessons

- Available in packages of 4 lessons
- 30 or 60 min lessons
- Small Group (3-6 students) M \$65 PP \$84
- Semi Private (2 students) M \$70 PP \$89
- Private (1 student) M \$110 PP \$138
- Rates are per person
- Times and Days are scheduled with instructor
- 30 min lessons are half price
- Free 30 min Trial Lesson

Instructor Bios:

Brian has a over 30 years of experience in coaching gymnastics. He has coached teams from the YMCA and clubs to national events with numerous state and local champions at their respective levels. Brian specializes in beginner through high level gymnastics and tumbling.

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Private Lessons

We all need the advice of an expert sometimes, as well as the personal attention that comes with a trainer or coach. The Y offers personal and small group training to help you set and meet your specific goals.

Lessons are available for: Ballet - Tumbling - Gymnastics - Martial Arts.



Training	Packages	Member Price Per Person	Non Member Price Per Person
Small Group (3-6)	4 Sessions	\$65	\$84
Semi Private (2)	4 Sessions	\$70	\$89
Private	1 hour	\$30	\$38
	4 Sessions	\$110	\$138
	6 Sessions	\$162	\$202
	8 Sessions	\$212	\$265

- All training sessions must be registered at the front desk.
- All payments are to be made at front desk.
- Schedules will be set with instructors.
- 30 min lessons are half off.

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Register Online





INDOOR GOLF SIMULATOR

Spend time playing courses like Pebble Beach, Bay Hill, Firestone CC, Latrobe CC, PGA National, Pinehurst, Torre Pines and many more!

- \$20/hr or \$10/half hour
- Reserve your time at the front desk
- Members only
- Must be 19 years of age to make reservations.
- Under 19 must be with a parent/guardian
- Golf lessons available. Please contact Matt Combs "Certified Swing Instructor" at combsgolf@gmail.com

**NOW
OPEN**

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FITNESS SCHEDULE



Monday

8:45-9:30a	Water Fitness	M \$0	PP \$40
9:45-10:30a	Water Arthritis	M \$0	PP \$40
10-10:45a	Silver Sneakers	M \$0	PP \$65
6:30-7:20p	Indoor Cycling	M \$0	PP \$40

Tuesday

8:00-9:00a	Pilates	M \$0	PP \$40
8:45-9:30a	Aqua Tone	M \$0	PP \$40
10-10:45a	Have A Seat	M \$0	PP \$65
11-11:45a	Gentle Lift	M \$0	PP \$65
11:30-1:00p	Line Dancing	M \$0	PP \$40

Wednesday

8:45-9:30a	Water Fitness	M \$0	PP \$40
9:45-10:30a	Water Arthritis	M \$0	PP \$40
10-10:45a	Silver Sneakers	M \$0	PP \$65
6:00-7:00p	Cardio Drumming	M \$0	PP \$40
6:30-7:20p	Indoor Cycling	M \$0	PP \$40

Thursday

8:45-9:30a	Aqua Tone	M \$0	PP \$40
10-10:45a	Have A Seat	M \$0	PP \$65
11-11:45a	Gentle Lift	M \$0	PP \$65
5:45-6:35p	Pilates	M \$0	PP \$40

Friday

8:45-9:30a	Water Fitness	M \$0	PP \$40
9:45-10:30a	Water Arthritis	M \$0	PP \$40

Saturday

9:00-10:00a	Cardio Drumming	M \$0	PP \$40
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**\$5 Late
Registration
Fee**

**Subject to
change
based on
instructor
availability.**

**Prices are
for a 7 week
session not
per class.**

**Register
Online**

A QR code that, when scanned, likely leads to the online registration page for the fitness classes.

SIGN UP TODAY!!!



**24 HOUR
ACCESS**
**YOUR HEALTH
ON YOUR TIME**

\$25 Startup Fee

Annual Fees Starting June 2023:

**Household \$50
Couple \$40
Adult \$20**



**YMCA of Bucyrus-Tiffin Bucyrus Branch
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PILATES

Next session begins May 29

Tues 8am-9am

Thur 5:45-6:35p

Members may sign up for both days.

Pilates is a great core workout for anyone looking to improve strength, posture, and flexibility. At the end of your workout, you will feel taller and energized, not exhausted.

Members \$0 Register May 15

Non Members \$40 Register May 22

Instructor Bio:

Erin is Power Pilates certified in both Basic and Intermediate Mat. She is also a trained ballet dancer. Born and raised in Galion, she is excited to be back and offering more classes in the community.

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**\$5 Late
Registration
Fee**

**Register
Online**





CARDIO DRUMMING

Next Session May 29th

Wednesday 6-7pm
Saturdays 9-10a

A drumming and dancing workout for
the entire body that reduces stress and
increases mental balance.

Members \$0
Non Members \$40

Register
Online



\$5 Late
Registration
Fee

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AQUATONE

Water Exercise

Deep/Shallow

Next Session May 29th
Tuesday or Thursday
845-930am
M \$0 R \$25 PP \$40 / 7wk session

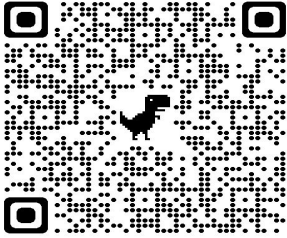
Leave Refreshed, Stretched
and Energized

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\$5 Late
Registration
Fee

Register
Online



QR code for online registration.

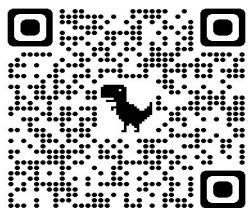


Karate

Participants will learn self-defense techniques of Shotokan Karate while building physical fitness, personal character and self-confidence.

- **Ages 5 and up, Adults Welcome**
- **Novice**
 - **Tuesday & Thursdays**
 - **5:30–6:15p**
- **Advanced**
 - **Tuesday & Thursdays**
 - **6:15 – 7:30p**
- **Members \$40**
- **Non Members \$60**
- **White Ghi Required after 2 weeks of participation. Ask Instructor for details.**

**Register
Online**



SUMMER SWIM CAMP

June 5 & 7
June 12 & 14



5:30-6:00-Level 1 (3-5yrs) & Level A/B
6:00-6:30-Level 2 (3-5yrs) & Level 1 plus with Adult
6:30-7:00-Level 1 (5-12yrs) & Level 1 (3-5yrs)
7:00-7:30-Level 2 (5-12yrs) & Level 3/4

Members: \$15

Reciprocity: \$30

Non-Members: \$45



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ADULT LAP SWIM 6:15am-7:45am	ADULT LAP SWIM 6:15am-7:45am	ADULT LAP SWIM 6:15am-7:45am	ADULT LAP SWIM 6:15am-7:45am	ADULT LAP SWIM 6:15am-7:45am	ADULT LAP SWIM 7:15am-8:45am
OPEN SWIM 8:00am-8:45am	OPEN SWIM 8:00am-8:45am	OPEN SWIM 8:00am-8:45am	OPEN SWIM 8:00am-8:45am	OPEN SWIM 8:00am-8:45am	OPEN SWIM 9:00am-10:45am
LAP SWIM (2 LANES) 8:45am-9:30am	LAP SWIM (2 LANES) 8:45am-9:30am	LAP SWIM (2 LANES) 8:45am-9:30am	LAP SWIM (2 LANES) 8:45am-9:30am	LAP SWIM (2 LANES) 8:45am-9:30am	OPEN SWIM 11:00am-12:15pm
H2O FITNESS 8:45am-9:30am	AQUA TONE 8:45am-9:30am	H2O FITNESS 8:45am-9:30am	AQUA TONE 8:45am-9:30am	H2O FITNESS 8:45am-9:30am	OPEN SWIM 12:30pm-2:30pm
ARTHRITIS FITNESS 9:45am-10:30am	OPEN SWIM 9:45am-11:15am	ARTHRITIS FITNESS 9:45am-10:30am	OPEN SWIM 9:45am-10:30am	ARTHRITIS FITNESS 9:45am-10:30am	
LAP SWIM (2 LANES) 9:45am-10:30am	OPEN SWIM 11:30am-1:00pm	LAP SWIM (2 LANES) 9:45am-10:30am	PRESCHOOL SWIM 10:30am-11:15am	LAP SWIM (2 LANES) 9:45am-10:30am	
OPEN SWIM 10:30am-11:15am	OPEN SWIM 1:15pm-2:45pm	OPEN SWIM 10:30am-11:15am	OPEN SWIM 11:30am-1:00pm	OPEN SWIM 10:30am-11:15am	
OPEN SWIM 11:30am-1:00pm	OPEN SWIM 3:00pm-5:30pm	OPEN SWIM 11:30am-1:00pm	OPEN SWIM 1:15pm-2:45pm	OPEN SWIM 11:30am-1:00pm	
OPEN SWIM 1:15pm-2:45pm	OPEN SWIM 5:45pm-7:30pm	OPEN SWIM 1:15pm-2:45pm	OPEN SWIM 3:00pm-5:30pm	OPEN SWIM 1:15pm-2:45pm	
OPEN SWIM 3:00pm-5:15pm		OPEN SWIM 3:00pm-5:30pm	OPEN SWIM 5:45pm-7:30pm	OPEN SWIM 3:00pm-5:30pm	
CLOSED 5:30pm-7:30pm		OPEN SWIM 5:45pm-7:30pm		OPEN SWIM 5:45pm-7:30pm	

During "open swim" times 2 lap lanes will be available

PHONE#: 419-562-6218
BUILDING HOURS: M-F 6am-8pm
Saturdays 7am-3pm

Join our Remind Group for closures and updates!
Text: @aquaticsbu
To: 81010