



# **2022 FALL PROGRAM GUIDE**

YMCA OF BUCYRUS-TIFFIN  
BUCYRUS BRANCH  
419-562-6218

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# SIGN UP TODAY!!!



**24 HOUR  
ACCESS  
YOUR  
HEALTH ON  
YOUR TIME**

**\$25 Startup Fee**

**Annual Fees Starting June 2023:**

**Household \$50**

**Couple \$40**

**Adult \$20**

**YMCA of Bucyrus-Tiffin  
Bucyrus Branch  
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## Membership Rates

**Financial Aid Available - Prices include tax  
NO CONTRACTS - HOLD OR CANCEL ANYTIME  
CORPORATE RATES**

### **Adult**

\$30/mo

### **Household**

\$50/mo

### **Senior Adult (60 plus)**

\$25/mo

### **Senior Couple (60 plus)**

\$40/mo

### **Youth**

\$15/mo

## Sessions/Registration

Winter Jan 3 - Feb 20

**M 12/13 PP 12/20**

Spring I Feb 21 - Apr 10

**M 1/31 PP 2/7**

Spring II Apr 11 - May 29

**M 3/21 PP 3/28**

Summer I May 30 - July 17

**M 5/9 PP 5/16**

Summer II July 18 - Sept 4

**M 6/27 PP 7/4**

Fall Break Sept 5 - Sept 11

Fall I Sept 12 - Oct 30

**M 8/29 PP 9/5**

Fall II Oct 31 - Dec 18

**M 10/17 PP 10/24**

## Facility Hours

**Monday - Friday**

**6am - 8pm**

**Saturday**

**7am - 3pm**

## Our Management Team

**Charles Ardner**

CEO

[cardner@tiffinymca.org](mailto:cardner@tiffinymca.org)

**Paul Fortney**

VP of Operations

[pfortney@tiffinymca.org](mailto:pfortney@tiffinymca.org)

**Stacie Routzahn**

VP of Finance

[sroutzahn@tiffinymca.org](mailto:sroutzahn@tiffinymca.org)

**Brian Riffle**

Branch Director

[briffle@bucyrusymca.org](mailto:briffle@bucyrusymca.org)

**Sue Lewis**

Child Care Director

[slewis@bucyrusymca.org](mailto:slewis@bucyrusymca.org)

**Nicole Brooks**

Membership/Youth Sports Coordinator

[nbrooks@bucyrusymca.org](mailto:nbrooks@bucyrusymca.org)

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# Personal Training & Private Lessons

We all need the advice of an expert sometimes, as well as the personal attention that comes with a trainer or coach. The Y offers personal and small group training to help you set and meet your specific goals.

**Lessons are available for:**

**Fitness - Gymnastics - Martial Arts - Powerlifting.**



Training	Packages	Member Price	Non Member Price
Small Group (upto 4)	Per 60 min Session	\$15/person	\$19/person
Private	1 hour	\$30	\$38
	4 Sessions	\$110	\$138
	6 Sessions	\$162	\$202
	8 Sessions	\$212	\$265
	12 Sessions	\$300	\$375

- All training sessions must be registered at the front desk.
- All payments are to be made at front desk.
- Schedules will be set with instructors.
- Large group gymnastics lessons available for groups of 5 or more. Ask about our pricing.
- Participants must check in at front desk prior to each lesson in order for them to be redeemed.

**50% Off  
30min  
Sessions**

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# FITNESS / KARATE / DANCE



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:45 - 9:30 am Water Fitness M \$0 PP \$65	10 - 10:45 am Have A Seat M \$0 PP \$65	8:45 - 9:30 am Water Fitness M \$0 PP \$65	10 - 10:45 am Have A Seat M \$0 PP \$65	8:45 - 9:30 am Water Fitness M \$0 PP \$65	
9:45 - 10:30 am Water Arthritis M \$0 PP \$65	11 - 11:45 am Gentle Lift M \$0 PP \$65	9:45 - 10:30 am Water Arthritis M \$0 PP \$65	11 - 11:45 am Gentle Lift M \$0 PP \$65	9:45 - 10:30 am Water Arthritis M \$0 PP \$65	
10 - 10:45 am Silver Sneakers M \$0 PP \$65	11:30 - 1:00 pm Line Dancing M \$0 PP \$40	10 - 10:45 am Silver Sneakers M \$0 PP \$65	4:45 - 6:35 pm Circuit Training M \$0 PP \$40		
4:30 - 5:45 pm Strong Grade 5+ M \$0 PP \$65	4:45 - 5:35 pm Youth Dance Ages 6-9 M \$48 PP \$96	4:30 - 5:45 pm Strong Grade 5+ M \$0 PP \$65	4:45 - 5:35 pm Youth Dance Ages 6-9 M \$48 PP \$96		
4:30 - 5:20 pm Chair YOGA M \$0 PP \$40	5:45 - 6:35 pm Pilates M \$0 PP \$40	6:30 - 7:20 pm Indoor Cycling M \$0 PP \$40	5:45 - 6:35 pm Karate - Novice M \$40 PP \$60		
5:30 - 6:20 pm YOGA Flow M \$0 PP \$40	5:45 - 6:35 pm Karate - Novice M \$40 PP \$60		6:35 - 7:50 pm Karate - adv M \$40 PP \$60		
6:30 - 7:20 pm Indoor Cycling M \$0 PP \$40	6:35 - 7:50 pm Karate - adv M \$40 PP \$60				

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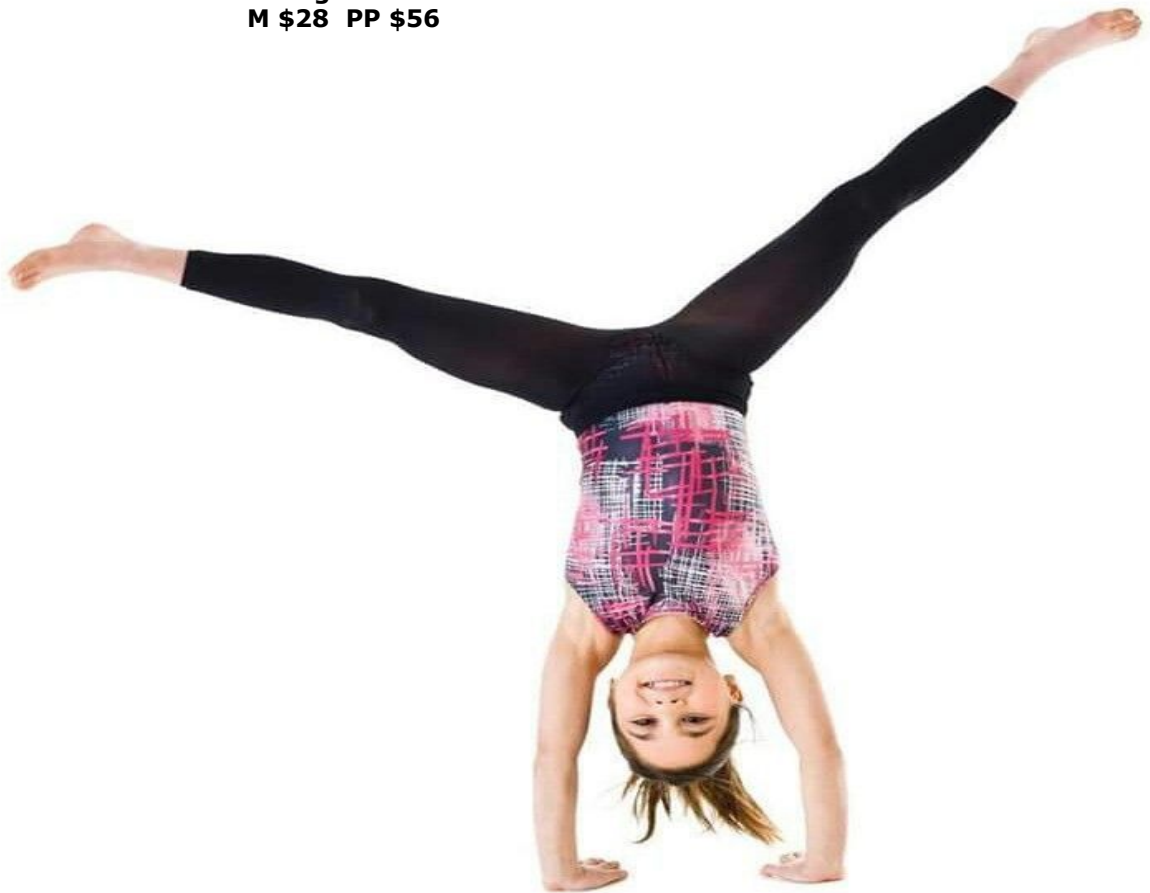
Subject to  
change  
based on  
instructor  
availability.

Prices are for  
a 7 week  
session not  
per class.

# GYMNASTICS



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>4:20 - 5:10 pm</b> <b>Gym I</b> <b>Age 5+</b> <b>M \$28 PP \$56</b>	<b>4:20 - 5:10 pm</b> <b>Pre Team</b> <b>M \$48 PP \$96</b>	<b>4:20 - 5:10 pm</b> <b>Tiny Tumblers</b> <b>Age 2-4</b> <b>M \$24 PP \$52</b>	<b>4:20 - 5:10 pm</b> <b>Pre Team</b> <b>M \$48 PP \$96</b>		
<b>5:15 - 6:05 pm</b> <b>Gym II</b> <b>Age 5+</b> <b>M \$28 PP \$56</b>	<b>5:10 - 7:55 pm</b> <b>Team</b> <b>\$75/mo</b>	<b>5:20 - 6:10 pm</b> <b>Gym I</b> <b>Age 5+</b> <b>M \$28 PP \$56</b>	<b>5:10 - 7:55 pm</b> <b>Team</b> <b>\$75/mo</b>		
<b>6:00 - 7:55 pm</b> <b>Team</b> <b>\$75/mo</b>		<b>6:20 - 7:10 pm</b> <b>Gym II</b> <b>Age 5+</b> <b>M \$28 PP \$56</b>			



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**Small Group  
And  
Private  
Lessons  
Available.**

**Subject to  
change  
based on  
instructor  
availability.**

**Prices are for  
a 7 week  
session not  
per class.**

# GYM / SPORTS



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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8:45 - 11:45 am  
Pickleball  
Court 1-2  
M \$0 PP \$20

8:45 - 11:45 am  
Pickleball  
Court 1-2  
M \$0 PP \$20

8:45 - 11:45 am  
Pickleball  
Court 1-2  
M \$0 PP \$20



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Pickleball  
rate includes  
unlimited  
play per  
month.

All other  
times gym is  
available for  
open play or  
walking.

Subject to  
change  
based on  
instructor  
availability.

Prices are for  
a 7 week  
session not  
per class.



# Y KIDS

Grades K - 12 years

the



## YMCA BEFORE & AFTER SCHOOL CARE SUMMER CHILDCARE DAYS OFF SCHOOL CARE

For More Information: Director Sue Lewis [slewis@bucyrusymca.org](mailto:slewis@bucyrusymca.org)

### Ages 2.5 - Pre K



For More Information: Director Sue Lewis [slewis@bucyrusymca.org](mailto:slewis@bucyrusymca.org)

"Since I've sent my daughter to the YMCA of Bucyrus she has excelled tremendously!"

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# SEPTEMBER POOL SCHEDULE 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>ADULT LAP SWIM</b> 6:15am-7:45am	<b>ADULT LAP SWIM</b> 6:15am-7:45am	<b>ADULT LAP SWIM</b> 6:15am-7:45am	<b>ADULT LAP SWIM</b> 6:15am-7:45am	<b>ADULT LAP SWIM</b> 6:15am-7:45am	
<b>OPEN SWIM</b> 8:00am-8:45am	<b>OPEN SWIM</b> 8:00am-9:30am	<b>OPEN SWIM</b> 8:00am-8:45am	<b>OPEN SWIM</b> 8:00am-9:30am	<b>OPEN SWIM</b> 8:00am-8:45am	<b>LAP SWIM</b> 7:15am-8:45am
<b>LAP SWIM (2 LANES)</b> 8:45am-9:30am	<b>OPEN SWIM</b> 9:45am-11:15am	<b>LAP SWIM (2 LANES)</b> 8:45am-9:30am	<b>OPEN SWIM</b> 9:45am-10:30am	<b>LAP SWIM (2 LANES)</b> 8:45am-9:30am	<b>OPEN SWIM</b> 9:00am-10:30am
<b>H2O FITNESS</b> 8:45am-9:30am	<b>OPEN SWIM</b> 11:30am-1:00pm	<b>H2O FITNESS</b> 8:45am-9:30am	<b>PRESCHOOL SWIM</b> 10:30am-11:15am	<b>H2O FITNESS</b> 8:45am-9:30am	<b>OPEN SWIM</b> 10:45am-12:15pm
<b>ARTHRITIS FIT</b> 9:45am-10:30am	<b>OPEN SWIM</b> 1:15pm-2:45pm	<b>ARTHRITIS FIT</b> 9:45am-10:30am	<b>OPEN SWIM</b> 11:30am-1:00pm	<b>ARTHRITIS FIT</b> 9:45am-10:30am	<b>OPEN SWIM</b> 12:30pm-1:15am
<b>OPEN SWIM</b> 10:30am-11:15pm	<b>OPEN SWIM</b> 3:00pm-4:00pm	<b>OPEN SWIM</b> 10:30am-11:15pm	<b>OPEN SWIM</b> 1:15pm-2:45pm	<b>OPEN SWIM</b> 10:30am-11:15pm	<b>OPEN SWIM</b> 1:30pm-2:30pm
<b>OPEN SWIM</b> 11:30am-1:00pm	<b>OPEN SWIM</b> 4:15pm-5:45pm	<b>OPEN SWIM</b> 11:30am-1:00pm	<b>OPEN SWIM</b> 3:00pm-4:00pm	<b>OPEN SWIM</b> 11:30am-1:00pm	
<b>OPEN SWIM</b> 1:15pm-2:45pm	<b>OPEN SWIM</b> 6:00pm-7:30pm	<b>OPEN SWIM</b> 1:15pm-2:45pm	<b>OPEN SWIM</b> 4:15pm-5:45pm	<b>OPEN SWIM</b> 1:15pm-2:45pm	
<b>OPEN SWIM</b> 3:00pm-4:00pm		<b>OPEN SWIM</b> 3:00pm-4:00pm	<b>OPEN SWIM</b> 6:00pm-7:30pm	<b>OPEN SWIM</b> 3:00pm-4:00pm	Schedule Subject to change based on staffing.
<b>OPEN SWIM</b> 4:15pm-5:00pm		<b>OPEN SWIM</b> 4:15pm-5:45pm		<b>OPEN SWIM</b> 4:15pm-5:45pm	
<b>CLOSED</b> 5:00pm-7:30pm		<b>OPEN SWIM</b> 6:00pm-7:30pm		<b>OPEN SWIM</b> 6:00pm-7:30pm	

During "OPEN SWIM" times, we will have 3 lap lanes.  
NO reservations needed. First come, first serve basis.

[www.bucyrustiffnymca.org](http://www.bucyrustiffnymca.org)

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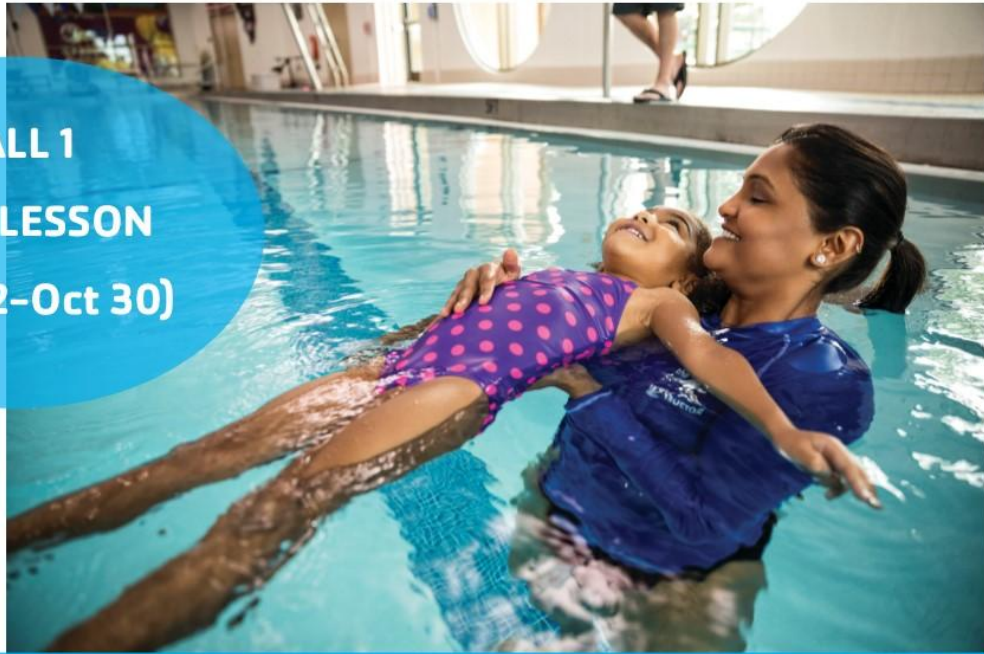
**Building Hours: Monday-Friday 6:00am-8:00pm**

**Saturday 7:00am-3:00pm**

**Schedule  
subject to  
change**



**FALL 1  
SWIM LESSON  
(Sept 12-Oct 30)**



**MEMBERS: \$15**

**NON-MEMBERS: \$40**

Level 1+ With Adult (3-5yrs).....Mondays 5:00-5:30pm

Level A-Water Discovery (6mos-18mos).....Mondays 5:30-6:00pm

Level B-Water Exploration (18mos-3yrs).....Mondays 6:00-6:30pm

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Level 1-Water Acclimation (3-5yrs).....Mondays 5:30-6:00pm

Level 1-Water Acclimation (5-12yrs).....Mondays 6:00-6:30pm

Level 1-Water Acclimation (3-5yrs).....Mondays 6:30-7:00pm

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Level 2-Water Movement (3-5yrs).....Mondays 5:00-5:30pm

Level 2-Water Movement (5-12yrs).....Mondays 5:30-6:00pm

Level 2-Water Movement (5-12yrs).....Mondays 6:00-6:30pm

Level 2-Water Movement (5-12yrs).....Mondays 6:30-7:00pm

Level 2-Water Movement (3-5yrs).....Mondays 7:00-7:30pm

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Level 3-Water Stamina (DEEP END).....Mondays 7:00-7:30pm

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Level 4-Stroke Introduction (PRESWIM TEAM).....Mondays 6:30-7:00pm

Level 5/6-Stroke Development/Mechanics.....Mondays 7:00-7:30



# PILATES

**Register Today  
Starting Sept 13  
Tuesday  
5:45-6:35p**

**Pilates is a great core workout for anyone looking to improve strength, posture, and flexibility. At the end of your workout, you will feel taller and energized, not exhausted.**

**Members \$0  
Non Members \$40**

## **Instructor Bio:**

**Erin is Power Pilates certified in both Basic and Intermediate Mat. She is also a trained ballet dancer. Born and raised in Galion, she is excited to be back and offering more classes in the community.**

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**YOUTH DANCE**  
**Register Today**  
**Starting Sept 13**  
**Tuesday & Thursdays**  
**4:45-5:35p**  
**Ages 6-9**

**Classical Ballet class for ages 6-9.**  
**Learn basic steps and terminology,**  
**improve balance, flexibility, and**  
**coordination, all while having fun and**  
**moving to music!**

**Members \$48**  
**Non Members \$96**

**Instructor Bio:**

**Erin has studied dance with ballet schools**  
**such as Cincinnati Ballet, Philadelphia Ballet,**  
**Colorado Ballet, and most recently worked**  
**with Fort Wayne Ballet. Erin is excited to be**  
**back and offering more classes in the**  
**community.**

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