

YMCA of Bucyrus—Tiffin: Tiffin Branch
180 Summit Street
Tiffin, Ohio 44883
(P): (419) 447-8711 (F): (419) 447-8704



YMCA HOURS: (Memorial Day–Labor Day)

MONDAY–THURSDAY	5:00AM–8:00PM
FRIDAY	5:00AM–6:30PM
SATURDAY	7:00AM– 12:00PM

*Please check the Membership Desk, our social media outlets or our website for the current pool schedule.

Child Watch Hours: (Memorial Day–Labor Day)

Monday/Wednesday/ Friday 9:00am—11:00am

Monday-Thursday 5:15pm-7:15pm

We gladly welcome all children between the ages of 6 weeks and 8 years old.

Our Mission:

To put Christian principles into practice through programs that build healthy, spirit, mind, and body for all.

YMCA OF BUCYRUS–TIFFIN: TIFFIN BRANCH

SUMMER 2 PROGRAM GUIDE

SUMMER 2

July 21– September 6

**M: July 7
PP: July 14**

Meet The Staff

- Charles "Buster" Ardner**—Chief Executive Officer
cardner@tiffinymca.org
- Jillian Shaferly**—Executive Director
jshaferly@tiffinymca.org
- Angie Lambert**—Child Care Coordinator
alambert@tiffinymca.org
- Carrie Smith**—Fitness Coordinator
csmith@tiffinymca.org
- Kristie Drown**—Aquatics Director
kdrown@tiffinymca.org
- Paul Fortney**—Vice President of Operations
pfortney@tiffinymca.org
- Stacie Routzahn**—Vice President of Finance
sroutzahn@tiffinymca.org
- Kimberly Clark**—HR Coordinator
kclark@tiffinymca.org

MEMBERSHIP PRICES

HOUSEHOLD MONTHLY \$57 CORPORATE RATE: \$52	ADULT MONTHLY \$35 CORPORATE RATE: \$30	YOUTH MONTHLY \$19
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SENIOR ADULT MONTHLY \$29
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SENIOR COUPLE MONTHLY \$44

- PAYMENT OF PRORATED 1ST MONTH DUES AND A \$30 JOIN FEE IS DUE AT THE TIME OF JOINING THE Y.

MEMBER CODE OF CONDUCT



Gymnastics



COMMUNITY IMPACT REPORT 2024

TIFFIN BRANCH



OUR MISSION

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.



HEALTHY LIVING

101,369

scans were captured in 2024. 101,369 times members visited the Y to better their health, chase after their goals, participate in YMCA programming and took steps to be a better version of themselves.



YOUTH DEVELOPMENT



803 CHILDREN participated in a variety of youth sports through the Y.



OVER 250 STUDENTS learned valuable life skills in our 4th grade swim program.



143 YOUTH SWIMMERS participated in our swimming lessons or created life long memories on our swim team.



911 GYMNASTS engaged and thrived in our youth gymnastics program either in a class or on team.

SOCIAL RESPONSIBILITY



152 FREE MEMBERSHIPS to enhance the lives of the local students participating in the Drug Free Program.



123 CHILDREN were nourished by participating in our Backpack Food Program.



10 SPECIAL OLYMPIC athletes received free memberships to thrive and train for the Olympics.



134 EMPLOYEES had a positive and fulfilling work environment while serving the community.

COMMUNITY BENEFIT

\$1,556,465

Donations to the YMCA's A Plan with a Purpose: Capital Campaign have played a vital role in enriching lives throughout our community. Thanks to the generosity of our donors, we now have a state-of-the-art new pool that offers enhanced opportunities for swim lessons, fitness programs, and recreational activities for individuals of all ages. Beyond the pool, these contributions have allowed us to improve our facilities, expand programming, and better serve the diverse needs of our members. Every gift has made a meaningful impact, helping us create a stronger, healthier community for years to come.



SWIM TEAM:
Registration is OPEN!

Season: 8/25/25-3/14/26

Time: 5-6:30pm

Cost: \$300 (full season)/
\$200 (high school)

Registration ends 10/1/25

BURST + AI CHI FITNESS with Sandi

30 minute BURST of high intensity water aerobics followed by 45 minutes of AI CHI FITNESS for balance in strength and relaxation movements.

T 8am

T 6:15pm

Aqua Fit with Sandi

Deep water aerobic workout of intermediate intensity. Float belt provided.

M 9am

W 8am

LIFEGUARD CLASSES

May 16th-18th
(Bucyrus Branch)

May 23rd-25th
(Tiffin Branch)

Youth Sports

BASKETBALL

Offered in Fall & Winter

BASEBALL

Offered in Summer

CROSS COUNTRY

Offered in Fall

FLAG FOOTBALL

Offered in Fall

SOCCER

Offered in Fall & Spring



24 HOUR ACCESS NOW AVAILABLE

SEE THE FRONT
DESK FOR
MORE
INFORMATION

YOUR HEALTH ON YOUR TIME

- 24-Hour Access to Fitness Center and Feildhouse
- Available to Members 19+ (Some restrictions do apply)
- \$25 start up fee and a \$25 annual fee
- Starting November 16, 2020



Sign up for golf lessons
with certified swing
instructor, Matt Combs!

Buy (3) get (1) FREE!

Sign up TODAY!



@combgolf
combgolf@gmail.com
419-618-1375



**DID YOU KNOW
THE Y HAS A GOLF
SIMULATOR?**

Reserve your time
slots at the front
desk today!

Personal Training



Are you interested in one-on-one instruction with our certified personal trainers? Carrie will customize your workouts and design them to help you reach your wellness goals.

YMCA MEMBER PRICING:

1 1-hour session \$30.00
4 1-hour sessions \$110.00
6 1-hour sessions \$162.00
8 1-hour sessions \$212.00
12 1-hour sessions \$300.00

GROUP TRAINING: \$15.00 per hour session for each group member. No packages available. (2-3 people, must organize own group)

PROGRAM DESIGN- \$150.00

(4) 1 hour sessions with one of our certified personal trainers followed by a sit down consultation where you will receive 4 more personally designed workouts. 8 workouts in all.

NON-MEMBER PRICING: 25% mark up from member pricing.

Private Yoga

YMCA MEMBER PRICING:

1 1-hour session \$30.00
4 1-hour sessions \$110.00
6 1-hour sessions \$162.00
8 1-hour sessions \$212.00
12 1-hour sessions \$300.00

NON-MEMBER PRICING: 25% mark up from member pricing.

Swim Lessons

Members: \$25 Program Participants: \$55

SWIM STARTERS: PARENT & CHILD LESSONS (Combined)

LEVEL A: Water discovery introduces infants and toddlers to the aquatic environment. And focuses on exploring body positions, blowing bubbles, and fundamental safety and skills. Parent participation is a must! One adult per child. 30 minute class
LEVEL B: Water exploration parents will work with children to explore body positions, floating, blowing bubbles, and fundamental safety and aquatic skills.

Ages 18months-36 months: Wed 5:30pm (MAX 10)

SWIM BASICS: Recommended skills for all to have around water. Instructor led; encouraging independence & listening skills.

LEVEL 1: Water Acclimation increases comfort with underwater exploration and introduces basic self rescue skills preformed with assistance. Must be able to hold onto a pool wall. 30 minute class. Ages 3y-5y

PreK+ Parent: Wed 6:00 pm (MAX 10)

PreK: Mon or Wed 5:30pm , 6:00pm, 6:00pm(MAX 5)

Youth: Mon or Wed 6:30 (MAX 5)

LEVEL 2: Water Movement encourages forward movement in the water and basic self-rescue skills preformed independently. Must be able to submerge face in water. 30 minute class.

PreK: Mon or Wed 6:00pm (MAX 5)

Youth: Mon or Wed at 5:30pm or 6:30pm(MAX 75)

LEVEL 3: Water Stamina develops intermediate self-rescue skills preformed at longer distances than in previous stages. Must be able to front float, back float & swim 25 yards. 30 minute class.

Youth Mon or Wed at 6:30pm in the Main Pool (MAX 5)

LEVEL 4/5/6 Stroke Development introduces breaststroke and butterfly while reinforcing water safety trough treading water and side stroke. Stroke Mechanics refines stroke technique on all major competitive strokes.

Youth Wed at 7:00pm (MAX 5)

Non-Progressive Fitness Classes

M: FREE

PP: \$ 10 PER CLASS DROP IN FEE

Cardiotone (Shena)

Monday 5:30pm-6:30pm

Good for health seekers of ALL fitness levels. Warm up with some cardio choreography, then move right to the best heart-pumping kickboxing moves and music to get that energy and calorie burn going. Each class will also incorporate different toning/ strengthening and stretching exercises to take your workout to the next level.

Cardiotone Drumming (Shena)

Wednesday 5:30pm-6:30PM

This one hour workout features drumming choreography/dance while incorporating the use of drumsticks, a ball, and a bucket to a variety of music followed by strength training/toning exercises. Class ends with a cool down to stretch muscles and relax. This class is ideal for all fitness levels, and modifications are provided.

Early Bird Challenge (Carrie/Jessica)

M-F 5:00am-6:00am

M/W/F 6:00am-7:00am

Interval training sequences containing high and low intensity exercises. This class will build cardiovascular fitness while improving muscular strength, flexibility and endurance. People are challenged to push to their limits and walk out feeling strong.

Fit 4 Life (Bruce)

Monday/Wednesday/Friday 9:00am-10:00am

40 min of low impact aerobics followed by 20 min of strength, balance and stretching exercises all to the beat of classic oldies music. For active older adults and the young at heart.

Gentle Lift (Carrie)

Tuesday/Thursday 9:30am-10:00am

Light strength training circuits for our active older adults looking to improve overall strength, balance and stability through active lifting and functional movements.

Latin Fusion (Sandra)

Tuesday 5:45-6:45pm

2nd & 4th Saturdays each month 9-10am

A mix of Latin, international, and pop music and rhythms. A cardio fitness dance class designed to get everyone moving, combining various dance styles such as Salsa, Merengue and Cumbia, along with aerobic and contemporary elements. Whether you're a seasoned dancer or a beginner, this is a class for all levels to come and have a great time while being active.

Power Cycle (Carrie)

Friday 9:15 am-10:00am

This high energy workout will take your body through a mix of sprints, jumps, endurance riding, and hill climbing all while pushing yourself to motivational music and instruction.

Total Body Fix (Hanna)

Monday/Wednesday/Friday 9:00am-10:00am

Formatted for all skill levels, this full body workout uses circuit style stations and gives participants the ability to sculpt, tone and burn to the level desired in a dynamic group setting.

Vinyasa Yoga (Kelly)

3rd Saturday of the month 9:00am-10:00am

A traditional vinyasa flow practice that connects individual poses with deep breaths. This class is designed to progressively open the body by building onto the previous pose.

Progressive Fitness Classes

(THESE CLASSES REQUIRE REGISTRATION AND HAVE A SMALL FEE)

M: \$ 10 FOR A 7 WEEK SESSION OR \$ 3 PER CLASS DROP IN FEE

PP: \$ 10 DROP IN FEE PER CLASS OR \$ 50 FOR THE SESSION

Pietra Fitness (Kim)

Thursday 8:30am-9:30am

A flow style class in which you move from pose to pose, while pausing at times with moments of meditation. This class is designed to improve muscular strength, range of motion, posture and stability.

COMING SOON!

Chair Yoga is back! Classes will begin August 7th. Day and time to come!